

Confidentiality Policy

Any issues discussed in therapy sessions will be considered confidential and not disclosed to any other parties unless written consent of the client or client's guardian are obtained. All information, both verbal or written, will be held to the same standard of confidentiality. By law, there are several exemptions to this confidentiality. The following disclosures summarize these exemptions:

- The intention or plan to engage in harm towards himself or another individual
- The current abuse of a child or vulnerable adult, recent abuse of a child or vulnerable adult, or the intention to abuse a child or vulnerable adult
- Admitted prenatal exposure to illicit substances that may cause potential harm
- Parents or guardians of of unemancipated minors have the right to request access to information in the client's record
- Insurance companies may also request access to files for coverage and benefit purposes.

Please note that any communication via phone, email, or text is not confidential. If you choose to communicate in that form, I will do my best to ensure confidentiality, however it is not legally protected or encrypted.

I agree to the following above information and understand the confidentiality policy.

Signature (Guardian if client under 18)

Printed Name

Date

Cancellation Policy

Time is very valuable to us all and being so, it is important for open communication when schedule changes or mishaps occur. I ask that client's give 24 hour notice when/if a conflict in the appointment time arises. Of course, emergencies happen and those will be addressed case by case. If an appointment is missed without proper notification of this 24 hour period, I am at liberty to bill for the full session fee.

Thank you for your consideration and understanding with this policy.

Signature (Guardian if client under 18)

Printed Name

Date